

Putrescine production via the agmatine deiminase pathway increases the growth of  
*Lactococcus lactis* and causes the alkalinization of the culture medium

Beatriz del Rio<sup>a\*</sup>, Daniel M. Linares<sup>a</sup>, Victor Ladero<sup>a</sup>, Begoña Redruello<sup>a</sup>, Maria  
Fernández<sup>a</sup>, Maria Cruz Martin<sup>a</sup> and Miguel A. Alvarez<sup>a</sup>

<sup>a</sup>Instituto de Productos Lácteos de Asturias, IPLA-CSIC, Paseo Rio Linares s/n,  
33300 Villaviciosa, Spain.

\*Corresponding author

Mailing address: Instituto de Productos Lácteos de Asturias (IPLA-CSIC)

Paseo Rio Linares s/n, 33300 Villaviciosa, Spain.

Phone: +34 985 89 21 31

Fax: +34 985 89 22 33

E-mail: [beadelrio@ipla.csic.es](mailto:beadelrio@ipla.csic.es)

## Abstract

*Lactococcus lactis* is the most important starter culture organism used in the dairy industry. Although *L. lactis* species have been awarded Qualified Presumption of Safety status by the European Food Safety Authority, and Generally Regarded as Safe status by the US Food and Drug Administration, some strains can produce the biogenic amine putrescine. One such strain is *L. lactis* subsp. *cremoris* CECT 8666 (formerly *L. lactis* subsp. *cremoris* GE2-14), which was isolated from Genestoso cheese. This strain catabolizes agmatine to putrescine via the agmatine deiminase (AGDI) pathway, which involves the production of ATP and two ammonium ions. The present work shows that the availability of agmatine and its metabolization to putrescine allows for greater bacterial growth (in a biphasic pattern) and causes the alkalization of the culture medium in a dose-dependent manner. The construction of a mutant lacking the AGDI cluster (*L. lactis* CECT 8666  $\Delta agdi$ ) confirmed the latter's direct role in putrescine production, growth and medium alkalization. Alkalization did not affect the putrescine production pattern and was not essential for increased bacterial growth.

Keywords: *Lactococcus lactis*; biogenic amines; putrescine; agmatine deiminase; AGDI cluster; bacterial growth

## 1    **Introduction**

2  
3    The ability of *Lactococcus lactis* - a lactic acid bacterium (LAB) - to rapidly ferment  
4    lactose, its notable proteolytic activity and its production of flavor molecules  
5    (Beresford et al. 2001; Kelly et al. 2010; Kuipers, 2001), have made it one of the  
6    most commonly used primary starters in the manufacture of cheese, fermented  
7    milk, sour cream and buttermilk. *L. lactis* has been granted Qualified Presumption  
8    of Safety status by the European Food Safety Authority, and Generally Regarded  
9    as Safe status by the US Food and Drug Administration.

10  
11    However, our group has characterized several *L. lactis* subsp. *lactis* and *L. lactis*  
12    subsp. *cremoris* strains from dairy products that produce the biogenic amine (BA)  
13    putrescine (Ladero et al. 2011b). Indeed, putrescine-producing *L. lactis* has been  
14    detected in high concentrations in a number of cheeses (Ladero et al. 2012a).  
15    Along with tyramine and histamine, putrescine is one of the most common BAs in  
16    dairy products (Fernandez et al. 2007). Its presence in fermented foods confers  
17    undesirable flavors (Ladero et al. 2012c) and it can have toxic effects when  
18    ingested, such as increased cardiac output, tachycardia and hypotension. It can  
19    also potentiate the effects of other BAs (Ladero et al. 2010; Romano et al. 2012). It  
20    may even have a role in promoting malignancy: it is known to be involved in  
21    growth-related processes and has been suggested to increase intestinal and  
22    colonic tumorigenesis and neoplasm proliferation (Gerner and Meyskens, 2004;  
23    Ignatenko et al. 2006; Ladero et al. 2010; Seiler et al. 1998).

1  
2 In *L. lactis*, putrescine is produced through the catabolism of agmatine, a  
3 decarboxylated derivative of arginine (Simon and Stalon, 1982), via the agmatine  
4 deiminase (AGDI) pathway (Ladero et al. 2011b) (Fig. 1a). This metabolic pathway  
5 involves the sequential action of three enzymes: agmatine deiminase (AguA),  
6 putrescine carbamoyltransferase (AguB) and carbamate kinase (AguC). Agmatine  
7 is deiminated by AguA, rendering one ammonium ion and N-carbamoyl putrescine,  
8 which is phosphorylated by AguB to produce putrescine and carbamoyl phosphate.  
9 This last product is used as a substrate for ADP phosphorylation by AguC, a  
10 reaction that renders one molecule of ATP and another ammonium ion. Putrescine  
11 is then exchanged with external agmatine by the agmatine/putrescine antiporter  
12 (AguD). The gene cluster organization for agmatine catabolism in *L. lactis* (Fig. 1b)  
13 seems to be unique among LAB, the potential regulatory gene *aguR* being located  
14 upstream of the catabolic genes and orientated in the same direction (Ladero et al.  
15 2011b). The catabolic genes are organized as follows: *aguB* (encoding AguB),  
16 *aguD* (encoding AguD), *aguA* (encoding AguA) and *aguC* (encoding AguC).  
17 Transcriptional analysis of the AGDI cluster of *L. lactis* subsp. *lactis* (Ladero et al.  
18 2011b) and *L. lactis* subsp. *cremoris* CECT 8666 (formerly *L. lactis* subsp. *cremoris*  
19 GE2-14) (Linares et al. 2013) has shown that the catabolic genes together form the  
20 *aguBDAC* operon, and that they are transcribed as a single polycistronic mRNA.

21  
22 Although the genetics and transcriptional regulation of putrescine production have  
23 been characterized in *L. lactis* (Ladero et al. 2011b; Linares et al. 2013) the

1 physiological role of putrescine production in this organism has not been studied.  
2 In the present work, *L. lactis* subsp. *cremoris* CECT 8666, isolated from an  
3 artisanal cheese and previously selected as a model putrescine-producing strain  
4 (Linares et al. 2013), was used to assess the effect of putrescine production on  
5 bacterial growth and on the alkalization of the culture medium.

## 6 7 **Material and Methods**

### 8 9 *Bacterial strains and culture conditions*

10  
11 Table1 shows the bacterial strains used. *L. lactis* subsp. *cremoris* GE2-14, the  
12 putrescine-producing strain used in this study, was previously isolated from  
13 Genestoso cheese, a Spanish artisanal cheese made from raw milk without the  
14 addition of commercial starter cultures (Fernandez et al. 2011; Ladero et al.  
15 2011b). *L. lactis* subsp. *cremoris* GE2-14 was deposited in the Colección Española  
16 de Cultivos Tipo (CECT) with the accession No CECT 8666. *L. lactis* CECT 8666  
17 and the derivative agmatine deiminase mutant (*L. lactis* CECT 8666  $\Delta agdI$ ), were  
18 grown in M17 (Oxoid, UK) supplemented with 0.5% (w/v) glucose (GM17) (unless  
19 otherwise indicated) at 32°C without aeration. Where indicated, the medium was  
20 supplemented with 20 mM of agmatine (GM17+A) (Sigma-Aldrich, St. Louis, MO).  
21 For all fermentation assays, overnight cultures of *L. lactis* strains were used (1%  
22 v/v inoculum).

pH-uncontrolled fermentations were performed in 30 ml of GM17 or GM17+A. Sampling (2 ml) was performed every hour for 12 h. The pH of the samples was measured using a CRISON miCropH 2001 pH-meter (Crison Instruments S.A., Barcelona, Spain). For pH-controlled fermentations, cells were grown in a Six-Fors<sup>®</sup> bioreactor (Infors AG, Bottmingen, Switzerland) containing 300 ml of GM17+A. The reactor was maintained at 32°C, stirring at 50 rpm, and with zero air input. The fixed pH of 5.5 was maintained by the automatic addition of 1 N NaOH or 1 N HCl, as needed. 2 ml samples were collected each hour. Microbial growth was examined in all cultures by measuring absorbance at 600 nm (OD<sub>600</sub>) using a spectrophotometer (Eppendorf, NY, USA). Putrescine, agmatine and ammonium ion concentrations were analyzed as explained below.

#### *Putrescine, agmatine and ammonium ions: analysis by ultra-high performance liquid chromatography*

Sample supernatants were obtained by centrifugation (2000 x g for 15 min). Putrescine, agmatine and ammonium ions were analyzed by ultra-high performance liquid chromatography (UHPLC) using a Waters H-Class ACQUITY UPLC<sup>®</sup> apparatus controlled by Empower 2.0 software and employing a UV-detection method based on derivatization with diethyl ethoxymethylene malonate (Sigma-Aldrich), following the protocol of (Redruello et al. 2013).

#### *DNA manipulation procedures*

1  
2 *L. lactis* total DNA was extracted using Kirby lytic mix according to Hopwood et al.  
3 (1985). Plasmid DNA was prepared from *Escherichia coli* by the alkaline lysis  
4 method (Green et al. 2012). Restriction endonuclease digestions, alkaline  
5 phosphatase treatments, ligations and other DNA manipulations were performed  
6 according to standard procedures (Green et al. 2012). The DNA modification  
7 enzymes were from commercial sources and used following the supplier's  
8 recommendations. Electrotransformation of *E. coli* was achieved in a Bio-Rad  
9 pulser using protocols provided by the supplier; *L. lactis* was electrotransformed as  
10 described by de Vos et al. (1989). PCR amplifications were performed in a  
11 MyCycler™ thermal cycler (Bio-Rad, Spain) using Phusion High-Fidelity DNA  
12 polymerase (Thermo Scientific, Spain) according to the manufacturer's protocol. All  
13 DNA fragments amplified were checked by nucleotide sequencing at Macrogen  
14 Inc. (Seoul, Republic of Korea).

#### 15 16 *Construction of the L. lactis CECT 8666 $\Delta agdi$ mutant*

17

18 The *L. lactis* CECT 8666  $\Delta agdi$  mutant lacking the AGDI cluster (GenBank  
19 Accession No HG317493.1) was constructed by homologous recombination, using  
20 the selection/counter-selection vector pCS1966 (Solem et al. 2008). Table 1 shows  
21 the primers and plasmids used to generate the AGDI knock-out. The primers were  
22 designed to include the following restriction recognition sites: SpeI in primer KO-  
23 214AguR-AF2, PstI in KO-214AguR-AR, PstI in CKPstF, and XhoI in NoxXho. A

1 826 bp PCR fragment containing a 610 bp fragment of the *ycaC* gene (the gene  
2 upstream from *aguR*, GenBank Accession No HG317493.1), the intergenic region  
3 between *ycaC* and *aguR*, and the encoding sequence of the five first amino acids  
4 of the *aguR* gene of *L. lactis* CECT 8666, was amplified using primers KO-  
5 214AguR-AF2 and KO-214AguR-AR. The amplification conditions were: 1 min of  
6 initial denaturation at 98°C, followed by 35 amplification cycles (denaturation for 30  
7 s at 98°C, annealing for 30 s at 55°C, and extension for 1 min at 72°C), and a final  
8 extension step of 10 min at 72°C. The resulting fragment was digested with the  
9 restriction enzymes *SpeI* and *PstI* and cloned into the pCS1966 vector, rendering  
10 the plasmid pIPLA1269. A second 889 bp PCR fragment containing the last 260 bp  
11 of the *aguC* gene plus the last 427 bp of the *yrfB* gene (the gene downstream of  
12 *aguC*, GenBank Accession No HG317493.1) and the intergenic region of *aguC* and  
13 *yrfB*, were PCR amplified using primers CKPstF and NoxXho. The amplification  
14 conditions were: 1 min of initial denaturation at 98°C, followed by 35 amplification  
15 cycles (denaturation for 30 s at 98°C, annealing for 30 s at 55°C, and extension for  
16 1 min at 72°C), and a final extension step for 10 min at 72°C. The resulting  
17 fragment was digested with *PstI* and *XhoI* and cloned into the plasmid pIPLA1269,  
18 rendering the plasmid pIPLA1292. Plasmid pIPLA1292 was then transformed into  
19 *L. lactis* CECT 8666 electrocompetent cells and mutant bacteria lacking the AGDI  
20 cluster were selected following the method of Solem et al. (2008). *L. lactis* CECT  
21 8666  $\Delta agdi$  mutants were confirmed by nucleotide sequence analysis of the  
22 amplicon obtained using the primers KO-214AguR-AF2 and NoxXho, which



1 rendered the expected 1715 bp fragment instead of the 7112 bp fragment  
2 corresponding to the wild type strain (data not shown).

## 4 **Results**

### 6 *Putrescine production, bacterial growth and pH*

8 The production of putrescine was monitored over the growth curve. Figure 2A  
9 shows that the *L. lactis* CECT 8666 grown in GM17+A accumulated 20 mM of  
10 putrescine 10 h after inoculation (during the stationary phase) (Fig. 2b). Putrescine  
11 production was first detected after 6 h of fermentation and it was continuously  
12 produced over the next 4 h until the agmatine was used up. Figure 2A shows that  
13 putrescine production strictly followed agmatine consumption. Concomitant  
14 production of ammonium ions was also observed (Fig. 2a).

16 A typical growth curve was recorded over 10 h for the culture grown in GM17, with  
17 an exponential growth phase starting after 2 h of inoculation and lasting until 5 h of  
18 fermentation (OD<sub>600</sub> 3.6). At this point the culture entered the stationary phase, in  
19 which it remained until the end of fermentation (Fig. 2b). However, the culture  
20 grown in GM17+A shown a biphasic growth curve typical of diauxic growth. The  
21 first exponential growth phase lasted until 5 h of fermentation, as described above  
22 for the GM17-grown cultures, but the stationary growth phase lasted only 1 h  
23 before a second growth phase set in. This lasted until 10 h of fermentation. At the

1 end of this second growth phase in the GM17+A-grown cultures, the OD<sub>600</sub> was  
2 much higher (4.2) than that recorded for the GM17 cultures (3.2) (Fig. 2b).

3  
4 The change in the pH of the culture media was also monitored (Fig. 2b). The  
5 growth of *L. lactis* CECT 8666 in both GM17 and GM17+A induced an acidification  
6 of the medium from pH 6.9 to pH 5.8 by 5 h post-inoculation. However, the pH of  
7 the culture grown in GM17 remained at pH 5.8 until the end of fermentation, while  
8 the pH of the GM17+A medium alkalinized, reaching a final pH of 6.5. The  
9 alkalization of the medium in the culture supplemented with agmatine paralleled  
10 the production of ammonium ions, a result of the catabolism of agmatine to  
11 putrescine (Fig. 2a).

#### 13 *Effect of agmatine concentration on bacterial growth and pH*

14  
15 To confirm the correlation between putrescine production and both the  
16 enhancement of growth and the alkalization of the culture medium, *L. lactis*  
17 CECT 8666 was grown in GM17 supplemented with increasing amounts of  
18 agmatine (0, 1, 5, 10 and 20 mM). Figure 3 shows the accumulation of putrescine,  
19 the production of ammonium ions, agmatine consumption, microbial growth (OD<sub>600</sub>)  
20 and the pH of the culture medium over time. Putrescine accumulation (Fig. 3a) and  
21 ammonium ion production (Fig. 3b) depended on the starting concentration of the  
22 agmatine in the medium (Fig. 3c). As expected from the stoichiometry of the  
23 reaction (Fig. 1a), the ammonium ion concentration was twice that of the

1 putrescine. Interestingly, putrescine was first detected after 6 h of incubation,  
2 independent of the agmatine concentration. Agmatine was consumed as  
3 putrescine was produced (Fig. 3c). Agmatine concentrations of 1 and 5 mM were  
4 used up by 8 h; concentrations of 10 and 20 mM lasted 2 h more. After 10 h of  
5 culture almost all the agmatine had been catabolized to putrescine, independent of  
6 the initial agmatine concentration.

7  
8 Differences in bacterial growth were observed depending on the agmatine  
9 concentration (Fig. 3d). Cultures supplemented with 20 mM agmatine showed the  
10 second growth phase described above and an increase in the final  $OD_{600}$   
11 compared to cultures without agmatine ( $OD_{600}=4.48$  and  $OD_{600}=3.48$  respectively).  
12 Cultures supplemented with 10 mM agmatine showed a slight increase in the  
13 second stationary phase  $OD_{600}$  compared to those with no added agmatine  
14 ( $OD_{600}=4.09$  and  $OD_{600}=3.48$  respectively), although in cultures supplemented with  
15 20 mM agmatine, the second growth phase was not as clear. In contrast, cultures  
16 supplemented with 1 and 5 mM agmatine showed bacterial growth similar to that  
17 seen for those with no added agmatine. Alkalinization of the medium was also  
18 clear in the cultures supplemented with agmatine above 5 mM (Fig. 3e). The initial  
19 pH of the culture medium (pH 6.9) acidified to pH 5.4 by 6 h of fermentation. After  
20 this time, the pH of the cultures supplemented with agmatine (5 mM and above)  
21 became alkalinized at higher agmatine concentration and in a manner proportional  
22 to the ammonium ion production (Fig. 3e). Agmatine concentrations below 5 mM

1 had no significant effect on the pH, which remained at pH 5.4, as for cultures  
2 grown without agmatine.

#### 3 4 *Role of the AGDI cluster in putrescine production, bacterial growth and pH*

5  
6 To confirm the involvement of the AGDI cluster in the catabolism of agmatine to  
7 putrescine, and its effect on bacterial growth and changes in pH, an *L. lactis* CECT  
8 8666  $\Delta agdi$  mutant lacking the AGDI cluster was constructed (see Material and  
9 Methods section 2.4). Both, wild type (wt) and  $\Delta agdi$  mutant strains were grown in  
10 GM17 and GM17+A for 10 h and samples collected every hour to determine  
11 putrescine production, microbial growth and the pH of the culture medium (Fig. 4).  
12 As expected, the deletion of the AGDI cluster completely abolished the catabolism  
13 of agmatine to putrescine, whereas 10 mM putrescine was accumulated in the wt  
14 culture (Fig. 4a). In addition, the deletion of the AGDI cluster resulted in the  
15 absence of the second growth phase when cells were grown in GM17+A  
16 ( $OD_{600}$ =3.59 compared to  $OD_{600}$ =4.41 for wt cultures) (Fig. 4b). Moreover, medium  
17 alkalization was only detectable in wt cultures grown in GM17+A (Fig. 4c). The  
18  $\Delta agdi$  mutant culture did not alkalinize the culture medium, and the pH (5.52)  
19 reached after 7 h was maintained over the rest of the fermentation (Fig. 4c), as  
20 seen for the wt and  $\Delta agdi$  cultures grown in GM17.

#### 21 22 *The alkalization caused by the AGDI pathway has no effect on bacterial growth*

1 The effect of culture medium alkalization due to putrescine production in  
2 GM17+A, and its involvement in the regulation of putrescine production, was also  
3 examined. For this, wt and  $\Delta agdi$  mutant cultures were grown independently in a  
4 Six-Fors<sup>®</sup> bioreactor containing 300 ml of GM17+A. No control of pH was imposed  
5 until it reached 5.6 (after 5 and 6 h of fermentation, for the wt and  $\Delta agdi$  cultures  
6 respectively); it was then fixed by the bioreactor at 5.6. Putrescine production,  
7 bacterial growth and pH were monitored for 12 h (Fig. 5). The putrescine  
8 production pattern for the wt (Fig. 5b) was similar to that of cultures grown with no  
9 pH control (Fig. 2a, 3a and 4a), in which putrescine production started after 6 h of  
10 fermentation and an accumulation of 12 mM putrescine was recovered by 12 h. As  
11 expected, no putrescine production was detected in the  $\Delta agdi$  mutant cultures.  
12 Further, the absence of alkalization did not prevent the appearance of a second  
13 growth phase in the wt culture after 12 h of fermentation (Fig. 5c). These results  
14 suggest that culture medium alkalization is not essential for the increase in  
15 growth observed in wt cultures grown in GM17 supplemented with 20 mM  
16 agmatine.

## 18 Discussion

19  
20 Putrescine is a BA frequently found in fermented products (Garcia-Villar et al.  
21 2009; Ladero et al. 2011a) and one of the most abundant in dairy products  
22 (Fernandez et al. 2007; Ladero et al. 2010), in which LAB species such as  
23 *Enterococcus faecalis*, *Enterococcus hirae*, *Lactobacillus brevis* and *Lactobacillus*

1 *curvatus* have all been identified as producers (Ladero et al. 2012b; Ladero et al.  
2 2011b). Recently, our group reported that *L. lactis* subsp. *lactis* and *L. lactis* subsp.  
3 *cremoris* were also putrescine producers in dairy products, and that in some cases  
4 putrescine concentrations could reach high concentrations (Ladero et al. 2011b;  
5 Ladero et al. 2012b).

6  
7 Until now, the physiological role of putrescine production in *L. lactis* had not been  
8 studied. The present work reports the direct involvement of the AGDI pathway in  
9 enhancing the growth of *L. lactis* CECT 8666 when grown in a medium  
10 supplemented with agmatine concentrations higher than the usually found in milk  
11 and dairy products (Galgano et al. 2012). In fact, cultures grown in medium  
12 supplemented with agmatine concentrations above 5 mM underwent a second  
13 growth phase, while cultures with no agmatine remained in the stationary phase  
14 (Fig. 2b and 3d). This effect was completely abolished in the  $\Delta agdi$  mutant, which  
15 lacks the AGDI cluster (Fig. 4b), suggesting a direct role for the AGDI pathway in  
16 enhancing bacterial growth in the presence of agmatine. It would seem clear that  
17 the catabolism of agmatine via this pathway enables *L. lactis* to reach higher cell  
18 densities in fermentative media. This effect of agmatine catabolism on bacterial  
19 growth has also been observed in *E. faecalis*, the presence of 10 mM agmatine  
20 increasing growth by 60% (Suarez et al. 2013). However, this is not a general  
21 effect in all microorganisms that use the AGDI pathway. For example, in  
22 *Streptococcus mutants* putrescine production enhances acid tolerance and

1 contributes to the competitive fitness of the organism at low pH, but does not  
2 increase its growth (Griswold et al. 2006).

3  
4 Unlike *Pseudomonas aeruginosa* (Chou et al. 2008), in which putrescine is  
5 catabolized as a source of energy, *L. lactis* CECT 8666 was unable to further  
6 metabolize putrescine and it was fully exported to the extracellular medium. This  
7 suggests that the effect of its presence on cell growth is not due to the putrescine  
8 alone, but a consequence of other products of agmatine catabolism, i.e., ATP and  
9 ammonium ions. According to the stoichiometry of the AGDI pathway in *L. lactis*,  
10 one mole of agmatine renders one mole of putrescine, 1 mole of ATP, and 2 moles  
11 of ammonium ions (Ladero et al. 2011b) (Fig. 1a), which causes the alkalinization  
12 of the medium. However, this increase in the pH of the culture medium does not  
13 seem to be responsible for the increase in growth in the presence of agmatine;  
14 growth was similar (biphasic) whether the pH was fixed at pH 5.6 (Fig. 5) or left  
15 uncontrolled (Figs. 2b, 3d, 4b), despite the putrescine production was faster and  
16 the final growth higher in cultures with no pH control. The ATP generated during  
17 the catabolism of agmatine results in additional energy that would help to improve  
18 the growth and competitiveness of the bacteria. This is reminiscent of the arginine  
19 deiminase pathway (ADI) in *L. lactis*, which catabolizes arginine into ornithine and  
20 improves the survival of the bacteria by supplying them with additional energy  
21 (Larsen et al. 2004).

Two interesting effects were observed when the cells were grown in the presence of agmatine. Independent of the initial amount of agmatine present in the culture, putrescine production was not observed until the beginning of the stationary phase. (Fig. 2a and Fig. 3a). Indeed, in those cultures with an agmatine concentration of over 5 mM, a second growth phase was observed (Fig. 2b and Fig. 3d). These effects were not observed with the mutant strain (Fig. 4b), indicating the involvement of the AGDI cluster. The biphasic growth curve observed in *L. lactis* CECT 8666 when grown in the presence of agmatine is typical of the diauxic growth that bacteria show when they grow in the presence of two alternative sugars (Cai et al. 2012; Okada et al. 1981; Solopova et al. 2014). The most-preferred sugar, generally glucose, is metabolized during a first growth cycle until it is exhausted. The cells then enter a stationary phase before starting to metabolize the less-preferred carbon source, whereupon they enter a second growth cycle. This would seem to be the pattern followed for agmatine utilization in *L. lactis* subsp. *cremoris* CECT 8666. In fact, recent studies have shown that agmatine utilization in this strain is subjected to catabolite repression (Linares et al. 2013). The regulatory mechanism seems to involve the negative regulation of the transcription of the *aguBDAC* operon via carbon catabolite protein A (CcpA), which exerts its effect by binding to a *cre* site downstream of the -10 region of the *aguBDCA* promoter (Linares et al. 2013). This would explain the delay seen in putrescine production, which would be impaired until the culture leaves the stationary phase and enters the second growth phase during which agmatine is used, and putrescine, ATP and ammonium ions are produced.



1  
2 Traditionally, the production of BA was thought to be involved with acid stress  
3 resistance in prokaryotes (Linares et al. 2011; Spano et al. 2010); indeed, such a  
4 role for the AGDI pathway has been suggested in *S. mutants* (Griswold et al. 2006;  
5 Griswold et al. 2009), *L. brevis* (Lucas et al. 2007) and *E. faecalis* (Llacer et al.  
6 2007). These microorganisms seem to use the ammonium ions generated by the  
7 ADGI pathway to neutralize any increase in acidity. In *L. lactis* subsp. *cremoris*  
8 CECT 8666, ammonium ions were produced and accumulated in the extracellular  
9 medium as result of agmatine deamination, and an agmatine dose-dependent  
10 alkalization of the medium was recorded in those cultures supplemented with  
11 concentrations of over 5 mM (Fig. 3). At first sight, the alkalization of the medium  
12 would seem to agree with the idea that BA biosynthesis in lactic acid bacteria  
13 represents a system for resisting acid stress in fermentative environments  
14 (Bearson et al. 1997; Wolken et al. 2006). However, putrescine production was not  
15 essential for the enhancement of growth observed following the first stationary  
16 phase; the artificial maintenance of the pH at pH 5.6, did not impair the growth  
17 promoted by agmatine (Fig. 5).

18  
19 Together, the present results indicate that, in *L. lactis* subsp. *cremoris* CECT 8666,  
20 agmatine provides an alternative source of energy via the AGDI pathway, allowing  
21 for renewed growth after the culture enters the stationary phase following the  
22 depletion of more preferred carbon sources. This reiterates the need to select  
23 starter strains that do not produce BAs. Apart from the obvious food safety issue

surrounding the presence of putrescine in dairy products, and the fact that it can affect their organoleptic characteristics, the presence of putrescine-producing *L. lactis* strains could adversely affect the process of acidification during fermentation. Further, in the presence of agmatine, putrescine-producing *L. lactis* strains could have a selective advantage over the *L. lactis* strains with no AGDI pathway activity.

## Acknowledgements

This work was performed with the financial support of the Spanish Ministry of Economy and Competitiveness (AGL2013-45431-R) and the CSIC (201270E144). B. del Rio and D. Linares were beneficiaries of a JAE DOC contract (CSIC). The authors thank Adrian Burton for linguistic assistance.

## References

- Bearson S, Bearson B, Foster JW (1997) Acid stress responses in enterobacteria. FEMS Microbiol Lett 147, 173-180
- Beresford TP, Fitzsimons NA, Brennan NL, Cogan TM (2001) Recent advances in cheese microbiology. Int Dairy J 11, 259-274
- Cai J, Tong HC, Qi FX, Dong XZ (2012) CcpA-Dependent Carbohydrate Catabolite Repression Regulates Galactose Metabolism in *Streptococcus oligofermentans*. J Bacteriol 194, 3824-3832

- 1 Chou HT, Kwon DH, Hegazy M, Lu CD (2008) Transcriptome analysis of agmatine  
2 and putrescine catabolism in *Pseudomonas aeruginosa* PAO1. J Bacteriol  
3 190, 1966-1975
- 4 de Vos WM, Vos P, de Haard H, Boerrigter I (1989) Cloning and expression of the  
5 *Lactococcus lactis* subsp. *cremoris* SK11 gene encoding an extracellular  
6 serine proteinase. Gene 85, 169-176.
- 7 Fernandez E, Alegria A, Delgado S, Martin MC, Mayo B (2011) Comparative  
8 phenotypic and molecular genetic profiling of wild *Lactococcus lactis* subsp.  
9 *lactis* strains of the *L. lactis* subsp. *lactis* and *L. lactis* subsp. *cremoris*  
10 genotypes, isolated from starter-free cheeses made of raw milk. Appl  
11 Environ Microbiol 77, 5324-5335
- 12 Fernandez M, Linares DM, del Rio B, Ladero V, Alvarez MA (2007) HPLC  
13 quantification of biogenic amines in cheeses: correlation with PCR-detection  
14 of tyramine-producing microorganisms. J Dairy Res 74, 276-282
- 15 Galgano F1, Caruso M, Condelli N, Favati F (2012) Focused review: agmatine in  
16 fermented foods. Front Microbiol 3:199,1-7
- 17 Garcia-Villar N, Hernandez-Cassou S, Saurina J (2009) Determination of biogenic  
18 amines in wines by pre-column derivatization and high-performance liquid  
19 chromatography coupled to mass spectrometry. J Chromatogr A 1216,  
20 6387-6393
- 21 Green MR, Sambrook J (2012) Molecular cloning: a laboratory manual, 4th ed.  
22 Cold Spring Harbor Laboratory Press, Cold Spring Harbor, N.Y.

- 1 Gerner EW, Meyskens FL, Jr 2004 Polyamines and cancer: old molecules, new  
2 understanding. Nat Rev Cancer 4, 781-792
- 3 Griswold AR, Jameson-Lee M, Burne RA (2006) Regulation and physiologic  
4 significance of the agmatine deiminase system of *Streptococcus mutans*  
5 UA159. J Bacteriol 188, 834-841
- 6 Griswold AR, Nascimento MM, Burne RA (2009) Distribution, regulation and role of  
7 the agmatine deiminase system in mutans streptococci. Oral Microbiol  
8 Immunol 24, 79-82
- 9 Hopwood DA, Bibb MJ, Chater KF, Kieser T, Bruton CJ, Kieser HM, Lydiate DJ,  
10 Smith CP, Ward JM, Schrempf H (1985) Genetic Manipulation of  
11 Streptomyces: a Laboratory Manual, in: The John Innes Foundation, N., UK  
12 and Cold Spring Harbor Laboratory (Ed.)
- 13 Ignatenko NA, Besselsen DG, Roy UK, Stringer DE, Blohm-Mangone KA, Padilla-  
14 Torres JL, Guillen RJ, Gerner EW (2006) Dietary putrescine reduces the  
15 intestinal anticarcinogenic activity of sulindac in a murine model of familial  
16 adenomatous polyposis. Nutr Cancer 56, 172-181
- 17 Kelly WJ, Ward LJ, Leahy SC (2010) Chromosomal diversity in *Lactococcus lactis*  
18 and the origin of dairy starter cultures. Genome Biol Evol 2, 729-744
- 19 Kuipers OP (2001) Complete DNA sequence of *Lactococcus lactis* adds flavor to  
20 genomics. Genome Res 11, 673-674
- 21 Ladero V, Calles-Enriquez M, Fernandez M, Alvarez MA (2010) Toxicological  
22 effects of dietary biogenic amines. Current Nutrition and Food Science 6,  
23 145-156

- 1 Ladero V, Canedo E, Perez M, Martin MC, Fernandez M and Alvarez MA (2012a)  
2 Multiplex qPCR for the detection and quantification of putrescine-producing  
3 lactic acid bacteria in dairy products. Food Control 27, 307-313
- 4 Ladero V, Coton M, Fernandez M, Buron N, Martin MC, Guichard H, Coton E,  
5 Alvarez MA (2011a) Biogenic amines content in Spanish and French natural  
6 ciders: application of qPCR for quantitative detection of biogenic amine-  
7 producers. Food Microbiol 28, 554-561
- 8 Ladero V, Fernandez M, Calles-Enriquez M, Sanchez-Llana E, Canedo E, Martin  
9 MC, Alvarez MA (2012b) Is the production of the biogenic amines tyramine  
10 and putrescine a species-level trait in enterococci? Food Microbiol 30, 132-  
11 138
- 12 Ladero V, Fernandez M, Cuesta I, Alvarez MA (2012c) Quantitative detection and  
13 identification of tyramine-producing enterococci and lactobacilli in cheese by  
14 multiplex qPCR. Food Microbiol 27, 933-939
- 15 Ladero V, Rattray FP, Mayo B, Martin MC, Fernandez M, Alvarez MA (2011b)  
16 Sequencing and transcriptional analysis of the biosynthesis gene cluster of  
17 putrescine-producing *Lactococcus lactis*. Appl Environ Microbiol 77, 6409-  
18 6418
- 19 Larsen R, Buist G, Kuipers OP, Kok J (2004) ArgR and AhrC are both required for  
20 regulation of arginine metabolism in *Lactococcus lactis*. J Bacteriol 186,  
21 1147-1157
- 22 Linares DM, del Rio B, Ladero V, Redruello B, Martin MC, Fernandez M, Alvarez  
23 MA (2013) The putrescine biosynthesis pathway in *Lactococcus lactis* is

transcriptionally regulated by carbon catabolic repression, mediated by CcpA. *Int J Food Microbiol* 165, 43-50

Linares DM, Martin MC, Ladero V, Alvarez MA, Fernandez M (2011) Biogenic amines in dairy products. *Crit Rev Food Sci Nutr* 51, 691-703

Llacer JL, Polo LM, Tavaréz S, Alarcon B, Hilario R, Rubio V (2007) The gene cluster for agmatine catabolism of *Enterococcus faecalis*: study of recombinant putrescine transcarbamylase and agmatine deiminase and a snapshot of agmatine deiminase catalyzing its reaction. *J Bacteriol* 189, 1254-1265

Lucas PM, Blancato VS, Claisse O, Magni C, Lolkema JS, Lonvaud-Funel A (2007) Agmatine deiminase pathway genes in *Lactobacillus brevis* are linked to the tyrosine decarboxylation operon in a putative acid resistance locus. *Microbiology* 153, 2221-2230

Okada T, Ueyama K, Niiya S, Kanazawa H, Futai M, Tsuchiya T (1981) Role of Inducer Exclusion in Preferential Utilization of Glucose over Melibiose in Diauxic Growth of *Escherichia-Coli*. *J Bacteriol* 146, 1030-1037

Redruello B, Ladero V, Cuesta I, Alvarez-Buylla JR, Martin MC, Fernandez M, Alvarez MA (2013) A fast, reliable, ultra high performance liquid chromatography method for the simultaneous determination of amino acids, biogenic amines and ammonium ions in cheese, using diethyl ethoxymethylenemalonate as a derivatising agent. *Food Chem* 139, 1029-1035

- 1 Romano A, Trip H, Lonvaud-Funel A, Lolkema JS, Lucas PM (2012) Evidence of  
2 two functionally distinct ornithine decarboxylation systems in lactic acid  
3 bacteria. *Appl Environ Microbiol* 78, 1953-1961
- 4 Seiler N, Atanassov CL, Raul F (1998) Polyamine metabolism as target for cancer  
5 chemoprevention (review). *Int J Oncol* 13, 993-1006
- 6 Simon JP, Stalon V (1982) Enzymes of agmatine degradation and the control of  
7 their synthesis in *Streptococcus faecalis*. *J Bacteriol* 152, 676-681
- 8 Solem C, Defoor E, Jensen PR, Martinussen J (2008) Plasmid pCS1966, a new  
9 selection/countersélection tool for lactic acid bacterium strain construction  
10 based on the *oroP* gene, encoding an orotate transporter from *Lactococcus*  
11 *lactis*. *Appl Environ Microbiol* 74, 4772-4775
- 12 Solopova A, van Gestel J, Weissing FJ, Bachmann H, Teusink B, Kok J, Kuipers  
13 OP (2014) Bet-hedging during bacterial diauxic shift. *Proc Natl Acad Sci U S*  
14 *A* 111, 7427-7432
- 15 Spano G, Russo P, Lonvaud-Funel A, Lucas P, Alexandre H, Grandvalet C, Coton  
16 E, Coton M, Barnavon L, Bach B, Rattray F, Bunte A, Magni C, Ladero V,  
17 Alvarez M, Fernandez M, Lopez P, de Palencia PF, Corbi A, Trip H,  
18 Lolkema JS (2010) Biogenic amines in fermented foods. *Eur J Clin Nutr* 64  
19 Suppl 3, S95-100
- 20 Suarez C, Espariz M, Blancato VS, Magni C (2013) Expression of the agmatine  
21 deiminase pathway in *Enterococcus faecalis* is activated by the AguR  
22 regulator and repressed by CcpA and PTS(Man) systems. *PLoS One* 8,  
23 e76170

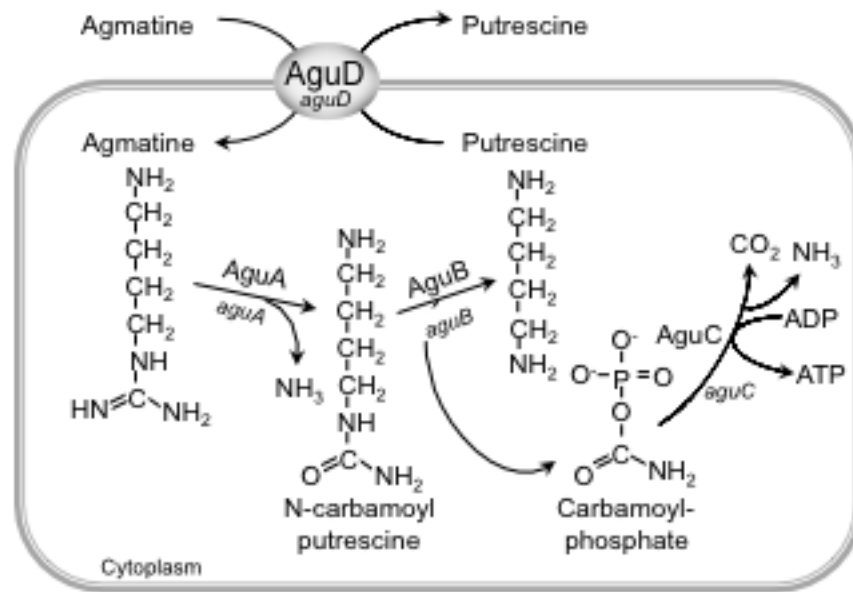
1 Wolken WA, Lucas PM, Lonvaud-Funel A, Lolkema JS (2006) The mechanism of  
2 the tyrosine transporter TyrP supports a proton motive tyrosine  
3 decarboxylation pathway in *Lactobacillus brevis*. J Bacteriol 188, 2198-2206  
4



Table 1. Bacterial strains, primers and plasmids used in the present study.

Material	Relevant Features	Reference, source
<b>Bacteria</b>		
<i>L. lactis</i> subsp. <i>cremoris</i> CECT 8666*	AGDI cluster, putrescine producer	(Fernandez et al. 2011), CECT
<i>L. lactis</i> CECT 8666 <del><i>Δagdi</i></del>	CECT 8666 knock-out for AGDI cluster	This study
<b>Primers</b>		
KO-214AguR-AF2	5'-CACATG <u>ACTAGT</u> TTTAGAACCTAGAAACCCAGAAAC-3'	This study
KO-214AguR-AR	5'-AACTGCAGATTTAACATCATCGGATTAGACCTAC-3'	This study
CKPstF	5'-AACTGCAGCTGCGGCAAAATTGGCAGAGCTTG-3'	This study
NoxXho	5'-CATCCGCTCGAGCCCTAATTCTGAAGTCATTAAATATAAAC-3'	This study
<b>Plasmids</b>		
pCS1966	Selection/counterselection vector	(Solem et al. 2008)
pPLA1269	pCS1966 bearing a 826 bp fragment of CECT 8666 <i>ycaC-aguR</i> genes	This study
pPLA1292	pCS1966 bearing a 1728 bp fragment of CECT 8666 <i>ycaC-aguR</i> (826 bp) and <i>aguC-vrfB</i> (889 bp) genes	This study
*formerly <i>L. lactis</i> subsp. <i>cremoris</i> GE2-14		
Restriction sites are underlined		

(a)



(b)



Fig. 1

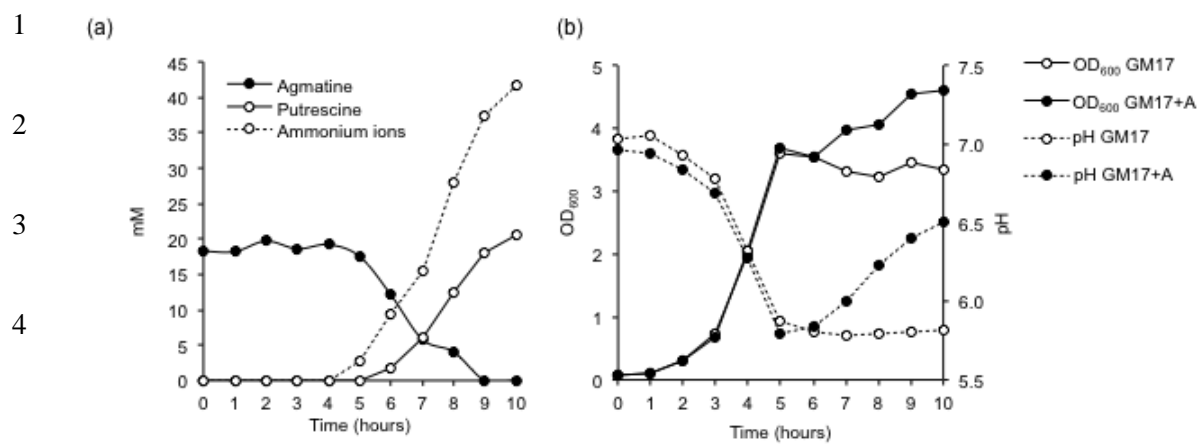


Fig. 2

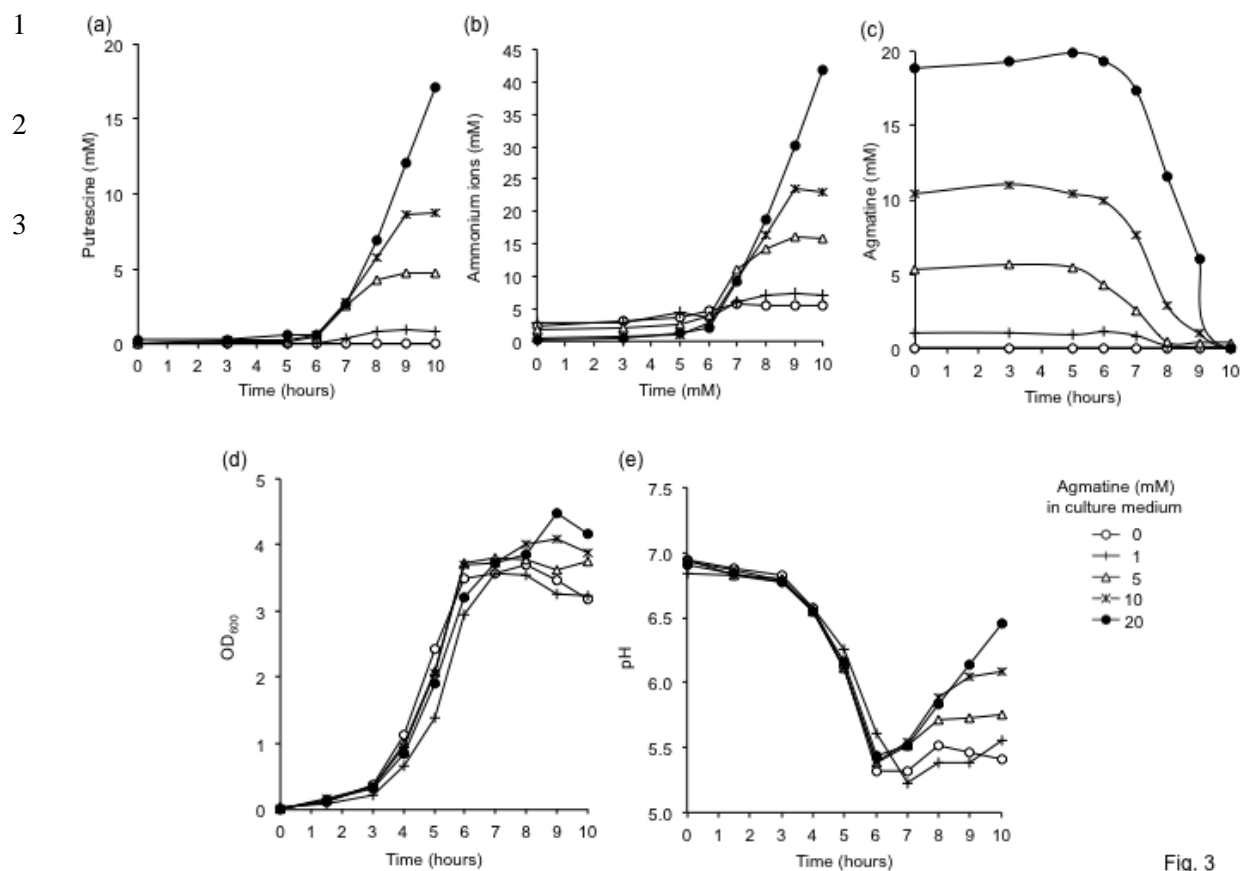


Fig. 3

1

2

3

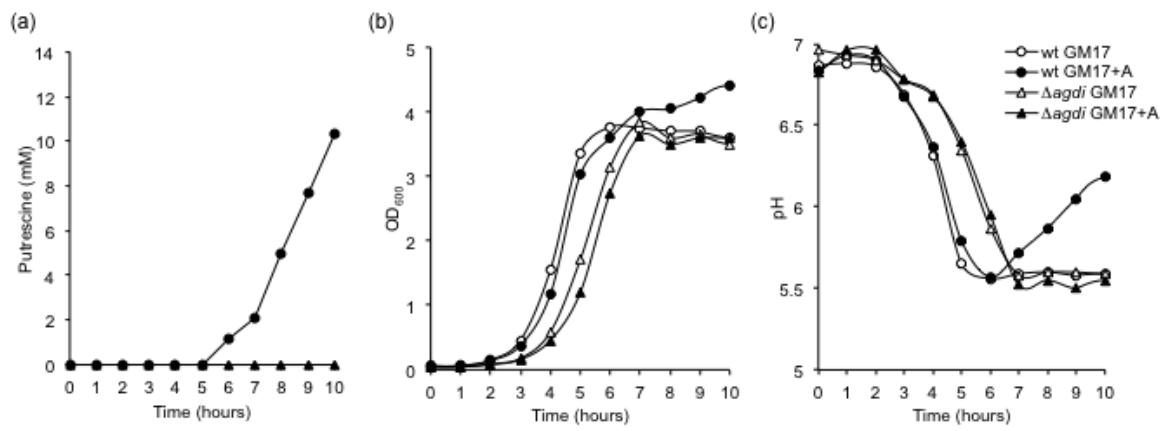


Fig. 4

1

2

3

4

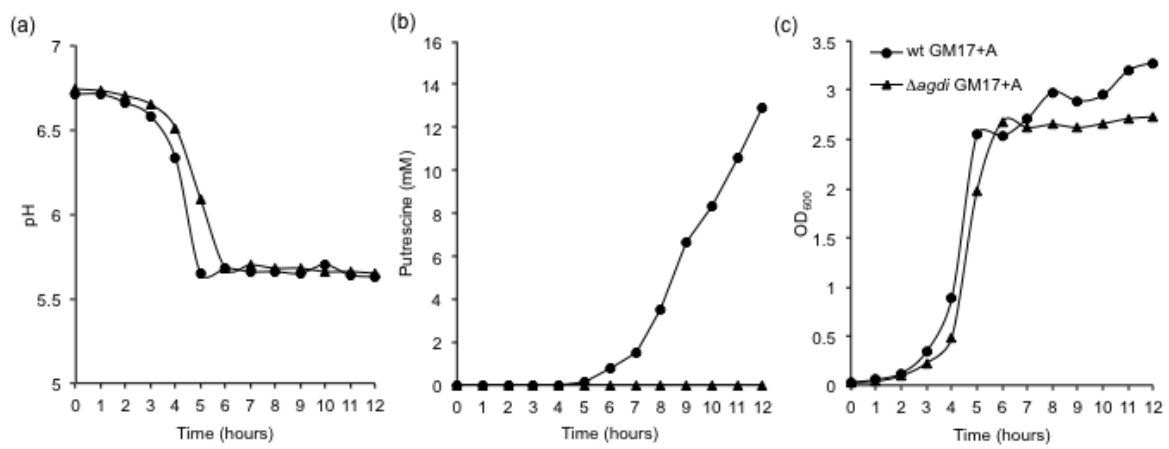


Fig. 5